

Wait, What? A Comic Guide to Relationships, Bodies, and Growing Up

Growing up can be a confusing and overwhelming time. There are so many changes happening to your body, your mind, and your relationships. It can be hard to know what's normal and what's not. That's where this book comes in.



Wait, What? A Comic Book Guide to Relationships, Bodies, and Growing Up by Isabella Rotman

★★★★☆ 4.8 out of 5

Language : English

File size : 171828 KB

Print length : 78 pages

Screen Reader : Supported



Wait, What? is a comprehensive guide to help teens and young adults navigate the complexities of relationships, bodies, and growing up. Illustrated with relatable comics and real-life stories, this book offers practical advice and support on topics such as:

- Consent
- Dating
- Body image
- Mental health

- Sex
- Relationships

Whether you're just starting to date or you're already in a relationship, this book has something for you. It can help you understand your body and your feelings, make healthy choices, and build strong, healthy relationships.

What's inside?

Wait, What? is divided into three parts:

1. **Relationships:** This section covers everything from friendship to dating to sex. It offers advice on how to build healthy relationships, communicate effectively, and set boundaries.
2. **Bodies:** This section covers everything from puberty to body image to sexual health. It offers advice on how to accept and appreciate your body, make healthy choices, and prevent sexually transmitted infections.
3. **Growing up:** This section covers everything from mental health to stress management to finding your purpose in life. It offers advice on how to cope with the challenges of growing up, build resilience, and create a fulfilling life.

Each section is illustrated with relatable comics and real-life stories. These stories help to bring the topics to life and make them more accessible for teens and young adults.

Why read this book?

There are many reasons why you should read *Wait, What?* Here are just a few:

- It can help you understand your body and your feelings.
- It can help you make healthy choices.
- It can help you build strong, healthy relationships.
- It can help you cope with the challenges of growing up.
- It can help you find your purpose in life.

If you're a teen or young adult, this book is for you. It can help you navigate the complexities of growing up and create a healthy, happy, and fulfilling life.

Order your copy today!

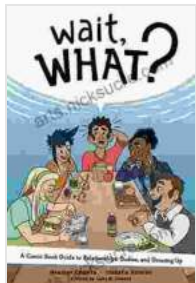
Wait, What? is available now at all major bookstores. You can also order your copy online at Amazon, Barnes & Noble, or IndieBound. Don't miss out on this essential guide to relationships, bodies, and growing up.

Praise for *Wait, What?*

"*Wait, What?* is a must-read for teens and young adults. It offers practical advice and support on the most important topics facing young people today." - The New York Times

"This book is a lifesaver. It's the perfect guide to help teens and young adults navigate the complexities of growing up." - The Washington Post

"Wait, What? is a comprehensive and engaging guide that can help teens and young adults make healthy choices and build strong relationships." - The American Library Association



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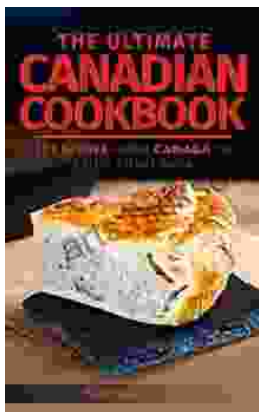
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