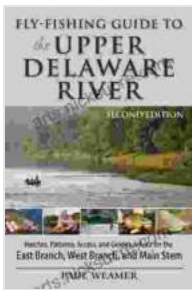


# The Angler's Guide to Fly Fishing the Upper Delaware River

Nestled in the picturesque Catskill Mountains, the Upper Delaware River is a world-renowned destination for fly fishing enthusiasts. Its pristine waters, diverse habitats, and abundant trout populations make it a paradise for anglers of all skill levels. This guide will provide a comprehensive overview of the Upper Delaware River, offering insights into its prime fishing locations, effective fly fishing techniques, and the hatches that attract countless trout to its surface.



## Fly-fishing Guide to the Upper Delaware River: 2nd Edition by Paul Weamer

★★★★☆ 4.9 out of 5

Language : English  
File size : 19461 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 286 pages



## Prime Fishing Locations

The Upper Delaware River stretches approximately 75 miles from Hancock, NY to Port Jervis, NY, offering a multitude of prime fishing locations. Here are some of the most popular spots:

- **Hancock Pool:** This section of the river is renowned for its deep pools and swift runs, creating ideal conditions for nymphing and streamer fishing.
- **Skidders Falls:** Known for its spectacular scenery and abundant hatches, Skidders Falls offers excellent opportunities for dry fly fishing with midges and mayflies.
- **Cattaraugus Creek:** A major tributary of the Delaware River, Cattaraugus Creek boasts a healthy population of wild brown trout and rainbows.
- **West Branch Delaware River:** Known for its remote beauty and technical fishing challenges, the West Branch is a paradise for experienced anglers seeking solitude and trophy trout.

## Effective Fly Fishing Techniques

The Upper Delaware River offers a wide range of fishing opportunities, requiring anglers to master different techniques:

- **Nymphing:** Euro nymphing and Czech nymphing are highly effective techniques in the Delaware River, allowing anglers to present flies deep in the water column.
- **Streamer Fishing:** Large streamers imitating baitfish are often successful in deeper pools and runs, especially during low light conditions.
- **Dry Fly Fishing:** When hatches occur, dry fly fishing becomes a must. Anglers can cast flies that imitate the specific insects trout are feeding on.

- **Wet Fly Fishing:** Wet flies are effective for imitating emerging or drowned insects and can be fished at various depths.

## **Prolific Hatches**

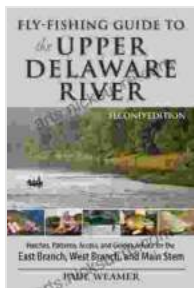
The Upper Delaware River is known for its prolific hatches, which include:

- **Blue-Winged Olives (BWO):** BWO hatches occur throughout the season, with the largest hatches occurring in the spring and fall.
- **March Browns:** These large mayflies hatch in March and April, providing excellent dry fly fishing opportunities.
- **Hendricksons:** Hendricksons hatch in late April and May, offering anglers the chance to experience some of the river's best dry fly fishing.
- **Isonychia:** Isonychia hatches occur in the summer, providing a consistent food source for trout.
- **Caddis:** Caddis hatches are common throughout the season, with various species emerging at different times of the year.

## **Tips for Fly Fishing the Upper Delaware River**

- **Use a Versatile Fly Rod:** A 9-foot, 5-weight fly rod is suitable for most fishing conditions on the Upper Delaware River.
- **Carry a Variety of Flies:** Be prepared for different hatches and techniques by carrying a selection of flies, including nymphs, streamers, and dries.
- **Study the River and Hatches:** Pay attention to the water flow, temperature, and insect activity to determine the best fishing strategies.

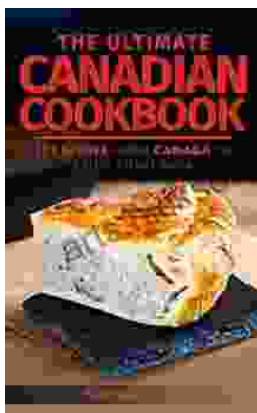
- **Practice Casting Accuracy:** The Upper Delaware River can be technical, so it's crucial to be



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