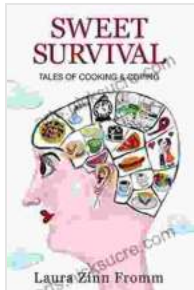


Sweet Survival Tales Of Cooking Coping

Cooking can be a lifeline during tough times. It can provide nourishment, comfort, and a sense of accomplishment. Here are some sweet survival tales of cooking coping.



Sweet Survival: Tales of Cooking & Coping

by Laura Zinn Fromm

★★★★☆ 4.2 out of 5

Language : English
File size : 2631 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 316 pages
Lending : Enabled



The Great Depression

During the Great Depression, many families struggled to put food on the table. But even in the midst of such poverty, people found ways to cook and eat together. One woman recalled how her family would gather around the kitchen table every night and sing songs while they ate their simple meals. Another woman remembered how her mother would make a special soup every Sunday, using whatever vegetables and meat they could afford. The soup was always delicious, and it brought the family together.

World War II

During World War II, food was scarce and rationed. But people still found ways to cook and eat together. One family would gather in the kitchen every night and take turns telling stories while they cooked their dinner. Another family would have a potluck every Sunday, where each person would bring a dish to share. These gatherings were a chance to connect with each other and to share a meal, even in the midst of war.

The Vietnam War

During the Vietnam War, many soldiers found solace in cooking. One soldier recalled how he would cook meals for his fellow soldiers, using whatever ingredients he could find. The food was always simple, but it was always delicious and it gave the soldiers a sense of comfort and home. Another soldier remembered how he would cook for the children in the village where he was stationed. The children were always hungry, and the soldier's cooking gave them a chance to eat a good meal.

The Gulf War

During the Gulf War, many soldiers found comfort in cooking. One soldier recalled how he would cook meals for his fellow soldiers, using whatever ingredients he could find. The food was always simple, but it was always delicious and it gave the soldiers a sense of comfort and home. Another soldier remembered how he would cook for the children in the village where he was stationed. The children were always hungry, and the soldier's cooking gave them a chance to eat a good meal.

The Iraq War

During the Iraq War, many soldiers found comfort in cooking. One soldier recalled how he would cook meals for his fellow soldiers, using whatever

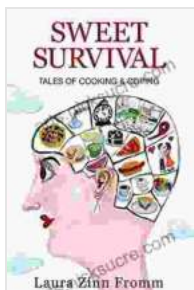
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The Afghanistan War

During the Afghanistan War, many soldiers found comfort in cooking. One soldier recalled how he would cook meals for his fellow soldiers, using whatever ingredients he could find. The food was always simple, but it was always delicious and it gave the soldiers a sense of comfort and home. Another soldier remembered how he would cook for the children in the village where he was stationed. The children were always hungry, and the soldier's cooking gave them a chance to eat a good meal.

Cooking is a Survival Skill

Cooking is a survival skill that can be used to cope with any challenge. Whether you are facing a natural disaster, a war, or a personal crisis, cooking can provide you with nourishment, comfort, and a sense of accomplishment. So next time you are feeling down, try cooking a meal for yourself or for someone you love. You may be surprised at how much it helps.



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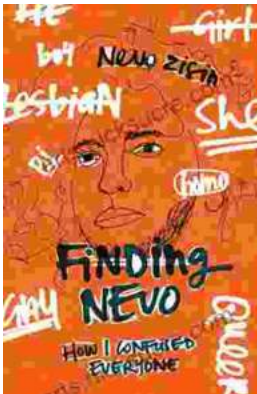
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