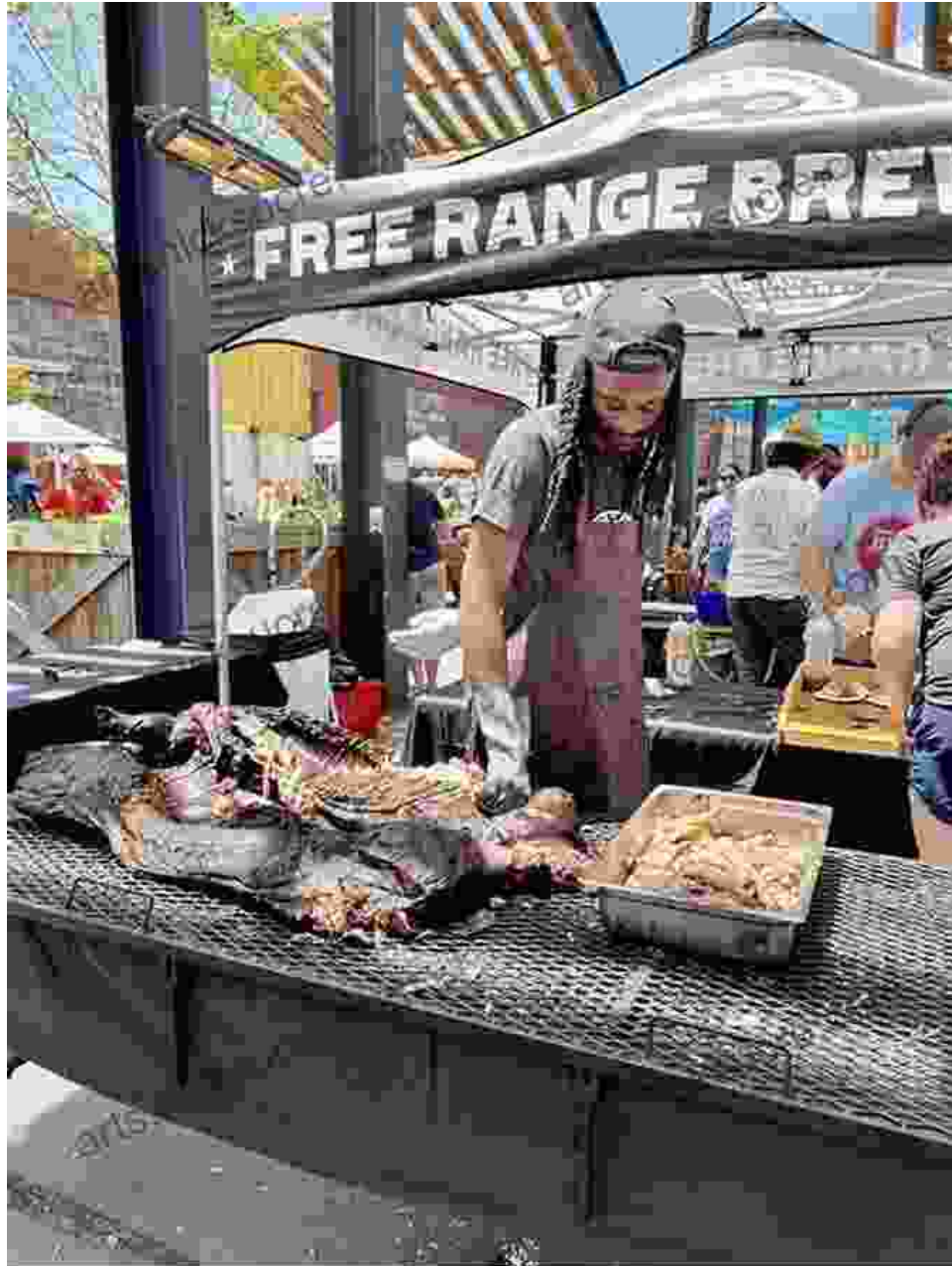


Holy Smoke: The Big Story of North Carolina Barbecue

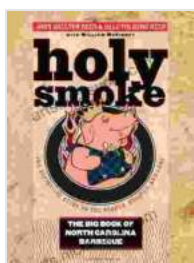


The History of North Carolina Barbecue

Barbecue has a long and rich history in North Carolina, dating back to the early days of European settlement. The first settlers brought with them their

own barbecue traditions, which were influenced by the cuisines of England, Germany, and Africa. Over time, these traditions evolved to create a unique style of barbecue that is now known as North Carolina barbecue.

The development of North Carolina barbecue was also influenced by the state's geography and climate. The state's long coastline and abundant rivers provided access to fresh seafood, while the warm climate allowed for year-round grilling and smoking. As a result, North Carolina barbecue is often characterized by its use of seafood and its smoky flavor.



Holy Smoke: The Big Book of North Carolina Barbecue

by John Shelton Reed

★★★★☆ 4.6 out of 5

Language : English

File size : 10226 KB

Text-to-Speech: Enabled

Screen Reader: Supported

Word Wise : Enabled

Print length : 328 pages



The Traditions of North Carolina Barbecue

North Carolina barbecue is more than just a food; it is a tradition. There are many different ways to barbecue pork in North Carolina, but there are some general traditions that are followed by most pitmasters.

- The pork shoulder is the preferred cut of meat for North Carolina barbecue.

- The pork is cooked slowly over indirect heat, using wood smoke to flavor the meat.
- A vinegar-based sauce is typically used to baste the pork during cooking.
- The pork is cooked until it is tender and falls off the bone.

In addition to these general traditions, there are also many regional variations in North Carolina barbecue. For example, in the eastern part of the state, barbecue is often cooked with a sweeter sauce, while in the western part of the state, barbecue is often cooked with a spicier sauce.

The Flavors of North Carolina Barbecue

North Carolina barbecue is known for its unique and flavorful taste. The vinegar-based sauce gives the barbecue a tangy and slightly acidic flavor, while the smoke from the wood fire adds a smoky and savory flavor. The combination of these flavors creates a barbecue that is both delicious and addictive.

In addition to the vinegar-based sauce, there are also many other sauces that can be used to flavor North Carolina barbecue. These sauces can vary in flavor from sweet to spicy, and they can be made with a variety of ingredients, such as tomatoes, mustard, and mayonnaise.

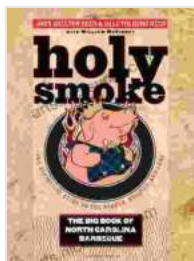
The Popularity of North Carolina Barbecue

North Carolina barbecue is one of the most popular and iconic foods in the United States. It is enjoyed by people of all ages and backgrounds, and it can be found at restaurants, festivals, and backyard cookouts all across the state.

The popularity of North Carolina barbecue is due in part to its unique and flavorful taste. It is also due to the fact that barbecue is a social food that can be enjoyed with friends and family. Whether you are at a barbecue restaurant or a backyard cookout, barbecue is a great way to bring people together.

North Carolina barbecue is a delicious, flavorful, and iconic food that is enjoyed by people all across the United States. It is a tradition that has been passed down for generations, and it is a testament to the state's rich culinary history.

If you have never had North Carolina barbecue before, I encourage you to try it. You may be surprised at how much you enjoy it.



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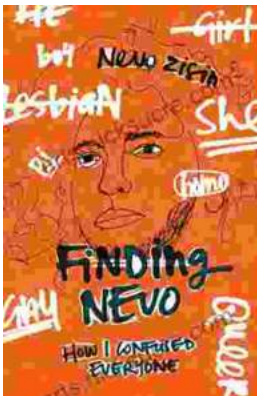
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