

Beginner's Guide to Pickleball: Rules, Gameplay, Modes, & Strategies

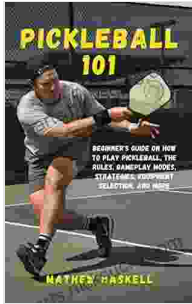
Pickleball is a paddleball sport that combines elements of badminton, tennis, and table tennis. It's played on a badminton-sized court with a perforated plastic ball and wooden or composite paddles. Pickleball is a great sport for people of all ages and skill levels, and it's easy to learn.

The basic rules of pickleball are as follows:

- The game is played on a badminton-sized court with a net in the middle.
- The ball is served diagonally across the net into the opponent's court.
- Players can only hit the ball once per turn.
- The ball must be hit underhand.
- The ball can only bounce once on each side of the net.
- The game is played to 11 points, and the first team to reach 11 points wins the game.

Pickleball is played by two players or four players (two teams of two). The game begins with a serve. The server stands behind the baseline and hits the ball diagonally across the net into the opponent's court. The receiver must let the ball bounce once before hitting it back.

Pickleball 101: Beginner's Guide on How to Play Pickleball, the Rules, Gameplay Modes, Strategies,



Equipment Selection, and More by Rusty Richards

★★★★★ 5 out of 5

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Once the ball is in play, players can hit it back and forth across the net until one player misses the ball or hits it out of bounds. The player who wins the rally scores a point.

There are two main modes of pickleball: singles and doubles.

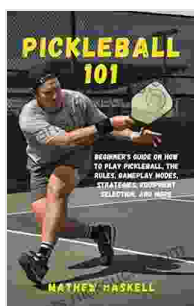
- **Singles:** Singles is played by two players, with each player covering their own half of the court.
- **Doubles:** Doubles is played by four players, with two players on each team. In doubles, each player covers their own half of the court, and they can also cover their partner's half of the court if their partner is out of position.

There are a few basic strategies that can help you win at pickleball:

- **Serve deep:** The deeper you serve the ball, the more time you'll have to get into position to cover the return.

- **Keep the ball in play:** The longer you can keep the ball in play, the more likely you are to win the rally.
- **Move to the net:** Once you've won the serve, move to the net to put pressure on your opponent.
- **Volley:** Volleying is a great way to keep the ball in play and force your opponent to make a mistake.
- **Lob:** Lobbing the ball over your opponent's head is a good way to slow down the game and give yourself time to recover.

Pickleball is a fun and easy-to-learn sport that's perfect for people of all ages and skill levels. If you're looking for a new sport to try, pickleball is a great option.



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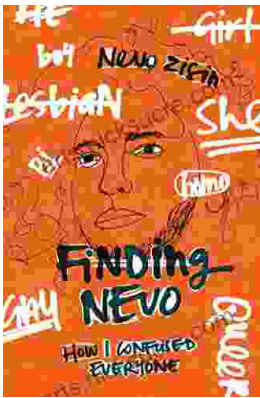
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